

26 February 2016

Dear Parent/Carer,

Your child will soon be starting our Year 9 programme of Sex and Relationships Education (SRE). This work is ongoing throughout the school and builds on work carried out in the Primary Schools. SRE covers some of the elements of the Science curriculum and some Personal Social and Health Education (PSHE).

Your child will be engaging with the following questions as part of this work:

- How will I manage to form new relationships?
- Do I understand the physical and emotional effects of puberty?
- What do I need from others at this point in my life?
- What changes may occur in lifestyle?
- What shapes my perception of sex and relationships, including ideas of family life and marriage?
- Do I know how and where to access the support I might need?
- How well equipped am I to understand others and their needs?
- Do I understand the facts about sex and reproduction?
- What information do I need to anticipate sexual activity and relationships?
- What skills/confidence do I have/need to negotiate within relationships?
- What do I understand about my sexuality, including sexual orientation?
- How do I understand the importance of marriage and stable relationships for family life?
- What responsibility do I have for the health and well-being of others?

We encourage you to discuss any of these areas with your child before, during or after our topic, as young people say that they greatly value being able to talk to their parents about these issues.

Our SRE programme is based on the Cambridgeshire Personal Development Programme. We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the students. One of the sessions will be led by local police officers and will focus on online safety and the use of images. We are also planning for the local sexual health charity, 'Diverse' to deliver a session on the sexualisation of both males and females in the media.

You have the right to withdraw your child from the elements of SRE, which are not included in the National Curriculum for Science. Please contact your child's Head of House if you would like to discuss this. If you would like to discuss any issues relating to SRE, or to find out more about the lessons, please contact us at the school.

Yours faithfully,

S Noble

Mrs S Noble
Subject leader for Moral and Spiritual